

**KRUGER FOUNDATION FOR CHILD AID,
KARWAR
AND
KANARA WELFARE TRUST, ANKOLA**

**PROJECT CHANGE MAKERS
FOR A BETTER TOMORROW - II**

NINTH ORIENTATION RETREAT

24th to 26th of FEBRUARY 2013

Subject of the Retreat:
ART OF LIVING

Place:
Gokhale Centenary College, Ankola

A BRIEF REPORT

The ninth Orientation Retreat for the second batch of students of Change Makers Group was organized at Gokhale Centenary College, Ankola, from 24th to 26th February 2013.

Day One – 24th February 2013, Sunday

Participants started arriving at Gokhale Centenary College, Ankola, from 10.00 a.m. Registration was completed by 11.00 a.m. The CMG members themselves initiated the registration procedure. Signatures were obtained on the attendance register. A copy of the Camp Schedule was issued to the participants. 40 CMG students of the current batch were present. The camp was formally inaugurated by lighting the traditional lamp.



After the recitation of '*Sankalpa*' led by Prof. **M.S.Habbu**, prayers were recited in chorus. **Shri K.V.Shetti**, Administrative Officer of Kanara Welfare Trust welcomed the CMG members. General instructions regarding accommodation, camp schedule, etc. were given.



The first session was of the English language conducted by **Shri V.T.Gouda**, Asst. Teacher of English of P.M.High School, Ankola. He explained the nuances of English Grammar and solved a model question paper. The students actively participated in answering the questions asked.



Shri V.L.Hegde, Asst. Teacher in English of Janata Vidyalaya, Kulve-Baroor, continued the English Session with the composition and other aspects of the syllabus. He also solved one full question paper.

At 1.30 p.m., lunch was served to all the participants at the UGC Hall of the College. As in the earlier camps, some volunteers from the group served the food items to the other members and resource persons.



At 2.30 p.m. **Shri Vishnu Naik** spoke on the topic “**Grasping, Study & Mind**”. The students would be facing their SSLC examination in a month’s time. He explained the nature of the human mind and how it is prone to various distractions. Studying at such a time would be like filling water in a bucket with a hole. The mind would be unable to grasp or retain the substance of the portion studied. He asked the students to develop adequate amount of concentration before embarking upon study.



Shri P.P.Malya, Asst. Teacher of Mathematics of P.M.High School, Ankola, conducted the **Mathematics** session. A scanned model question paper of Mathematics was displayed to the students on the LCD screen. Shri Malya solved each of the questions on the blackboard, explaining the different steps to be followed. At the end he collected some of the difficult problems from the students to be solved in the next session.



The next **Mathematics** session commenced after a short tea-break at 5.00 p.m. **Shri V.P.Shanbhag**, Asst. Teacher of Mathematics of Janata Vidyalaya, Baad-Kagal, conducted this session. He too solved one full model question paper duly explaining the basic concepts of the subject.



In the next session, **Shri Vishnu Naik** addressed the CMG members on “**Kannada Grammar**”. He said that though Kannada was the mother tongue of majority of the CMG members, there was a tendency to neglect it from the examination point of view. He elaborated on the use of grammar and the questions that can be expected on the subject.

The Change Makers had a session to themselves where they could relax a bit from the grueling study session. **Prof. Habbu** recited a couple of poems and regaled the audience. The participants then took their supper at 8.30 p.m. and trekked to their lodgings arranged at Shri Kundodhari Temple, a short walk from the camp location.



Day Two – 25th February 2013, Monday

After attending to their morning duties, the participants once again assembled in the UGC Hall of G.C.College, Ankola, at 7.30 a.m. for breakfast and the next academic sessions.

Prof. M.S.Habbu, Retd. Principal and Professor of Physics, conducted the **Physics** session. A scanned model question paper of Physics was displayed to the students on the LCD screen. Prof. Habbu solved the important questions explaining the concept behind the various topics.



Prof. V.R.Vernekar, Retd. Principal and Professor of Chemistry, conducted the next session on **Chemistry**. He demonstrated various questions and answer solving techniques on the LCD screen. Balancing of chemical equations was also stressed upon. Difficult areas of the subject were also ably covered.



Biology session commenced after a short break. **Shri Jai Ranganath**, Asst. Teacher of Biology of Janata Vidyalaya, Mudga, conducted this session. He also solved a model question paper. He urged the students to take sufficient time to correctly read the question paper and answer accordingly. Many students do not read the questions properly and thus answer haphazardly. This causes them to lose valuable marks due to silly mistakes on their part.



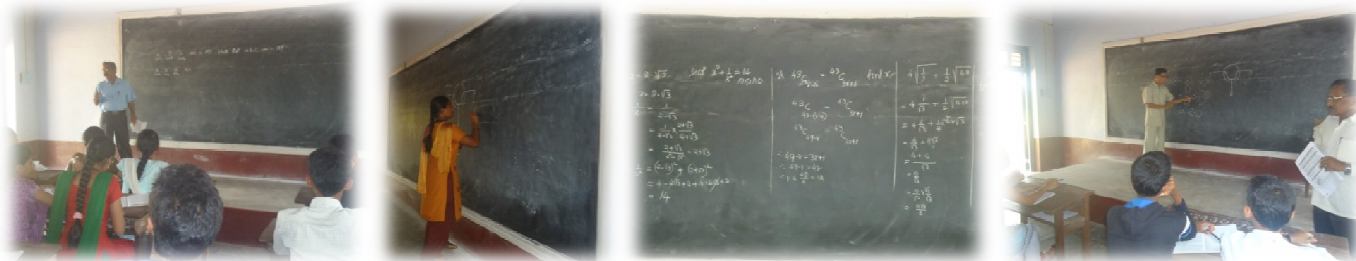
The next session on **Social Science** was taken by **Shri Nagapati Hegde**, Asst. Teacher of Social Science of P.M.High School, Ankola. He briefly explained the answers to the various questions displayed on the LCD screen. Question & answer session was also conducted among the students and everyone participated actively in answering the same.



Prof. G.V.Bhat, Trustee of Kanara Welfare Trust, who was present on the occasion, took a few moments to speak to the CMG members. He wished them all the best for their upcoming SSLC examinations. He also gave them a few enthusiastic words about their conduct and asked them to uphold the tradition of Change Makers established by Kruger Foundation and Kanara Welfare Trust.



After lunch, the revision session on Mathematics and Science re-commenced in one of the classrooms. Prof. M.S.Habhu, Prof. V.R.Vernekar, Shri P.P.Malya and Shri Jai Ranganath took turns to address the queries of the CMG members. A couple of experiments were also conducted to help the students understand the subject concepts better. Students were also encouraged to solve some of the problems on the blackboard.



At 6.00 p.m. it was time for the Chairman's Session.

Shri S.P.Kamat, Chairman of Kanara Welfare Trust and Kruger Foundation interacted with the Change Makers on the lawns of the host College. After an exhausting academic session, the CMG members found solace in the words of the Chairman. He asked about their preparation with regard to the examinations and whether this retreat helped them in their pursuit of study. The CMG members answered in the affirmative. They said they could get to know much more than what was taught to them in the conventional classrooms back in their schools.



An exercise was conducted among the first batch of CMG members a couple of years back. The feelings of the student members as if they had already achieved their optimum performance in the final examination were recorded on paper slips. This helped them to create a positive frame of mind and the organizers could later observe that almost all of the CMG members of the first batch matched and, in most cases, surpassed the marks written by them previously.



Similarly, this time also, **Shri S.P.Kamat** asked the present batch to think positively and write down on a slip of paper the marks they *achieved* in their SSLC examination. A copy of the same was retained by the organizers.

Later, Shri S.P.Kamat carried on his interaction with the CMG members on varied topics.

The participants took their supper at 8.00 p.m. and trekked to their lodgings for the night.

Day Three – 26th February 2013, Tuesday

The next morning commenced at 8.00 a.m. with breakfast at the campsite. After breakfast, the CMG members started on their homeward journey.

The total expenditure of the three day camp including accommodation, transportation, food, equipment and other expenses amounted to **Rs.29007/-** (Rupees Twenty nine thousand and seven only).

Special thanks are due to the following persons who helped us to conduct this camp successfully.

- **Office Bearers of Shri Kundodhari Temple, Ankola** – for lending us accommodation at the temple premises.
 - **Prof. V.R.Kamat**, Principal, G.C.College, Ankola – for sparing the Audio-Visual room and UGC Hall of the College for the duration of the camp.
 - **All the Resource Persons** – who addressed the CMG members and guided them in the preparations for their examinations.
 - **Shri S.P.Kamat**, Karwar – for his suggestion to hold this camp at Ankola and overall guidance.
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